

OUR SCHOOL RULES

BE READY

Ready to learn and help others.



BE RESPECTFUL

Use kind words and kind actions.



BE SAFE

Make safe choices and ask for help.



These rules help everyone feel safe and included.

Remember

Bullying is NEVER your fault.

You deserve to feel safe.

You deserve to be listened to.

We will help.

TELL • TALK • KEEP TALKING

Until somebody helps.

Sawley Junior School



STOP BULLYING

Everyone Belongs at Sawley
Junior School

Aspire • Achieve • Thrive

WHAT IS BULLYING?

Bullying is:

The repetitive, intentional hurting of one person or group by another person or group, where there is an imbalance of power.

It can happen face to face or online.

Bullying is different from:

- ✗ Falling out with a friend
- ✗ A disagreement
- ✗ A one-off argument

Adults will always listen and help work out what has happened



If You Are Being Bullied...TELL SOMEONE



Teachers



Friends

Midday
Supervisor



Doctors & Nurses



Trusted Adult



Parents & Carers



Teaching
Assistants

You will never be in trouble for asking for help.

WHAT WILL ADULTS DO?

Listen to you



Take you seriously

Help you feel safe



Investigate what happened



Work with families

Stop the bullying

Check it does not happen again

Support everyone involved

ONLINE

Online bullying can happen through...

Remember:
BLOCK IT
REPORT IT
TELL AN ADULT



Online bullying is treated just as seriously as bullying in school.