Sawley Junior School – PE Long Term Plan 26/27

Term	Year 3 (7-8)	Year 4 (8-9)	Year 5 (9-10)	Year 6 (10-11)
Autumn 1	Invasion Games 1	Invasion Games 1	Invasion Games 1	Invasion Games 1
	Stonehenge Dance (history link) (4wks) SEND – Boccia (2wks)	Swimming	Tudors Dance (history link) (4wks) SEND – Boccia (2wks)	Swimming (catch up some children) Pilates (building core strength)
Autumn 2	Invasion Games 2	Invasion Games 2	Invasion Games 2	Invasion Games 2
	Gymnastics (1-5 lessons)	Swimming	Gymnastics (1-5 lessons)	Gymnastics Swimming (catch up some children)
Spring 1	Gymnastics (6-10 lessons)	Football (skills/drills)	Hockey	WWII Dance (5wks)
	Swimming	Vikings Dance (history link) (4wks) SEND – Boccia (2wks)	Gymnastics (6-10 lessons) Swimming (catch up some children)	Tag Rugby
Spring 2	Basketball (skills/drills)	Pilates (building core strength)	Football (skills/drills)	Bootcamp Fitness
	Swimming	Basketball (skills/drills)	Pilates (building core strength) Swimming (catch up some children)	Hockey
Summer 1	Net & Wall 1 (Tennis)	Striking & Fielding 1	Cricket	Netball
	Net & Wall 2 (Tennis)	Striking & Fielding 2 Swimming (catch up some children)	Swimming	Net & Wall (Tennis)
Summer 2	OAA	OAA	Swimming	Rounders
	Athletics 1	Athletics 2 Swimming (catch up some children)	Athletics 1	Athletics 2