



	Year 3	Year 4	Year 5	Year 6
<b>Autumn 1</b>	Invasion Games 1	Invasion Games 1	Invasion Games 1	Invasion Games 1
	Dance – Stonehenge (history link)	Swimming	Dance – Ancient Greeks (history link)	Dance – Victorians (history link)
<b>Autumn 2</b>	Invasion Games 2	Invasion Games 2	Invasion Games 2	Invasion Games 2
	Gymnastics (1-5 lessons)	Swimming	Gymnastics (1-5 lessons)	Gymnastics
<b>Spring 1</b>	Swimming	Football (skills/drills)	Hockey	Pilates (building core strength)
	Gymnastics (6-10 lessons)	Dance – Vikings (history link)	Gymnastics (6-10 lessons)	Tag Rugby
<b>Spring 2</b>	Basketball (skills/drills)	Pilates (building core strength)	Pilates (building core strength)	Bootcamp Fitness
	Swimming	Basketball (skills/drills)	Football (skills/drills)	Hockey
<b>Summer 1</b>	Net & Wall 1 (Tennis)	Striking & Fielding 1	Cricket	Netball
	Net & Wall 2 (Tennis)	Striking & Fielding 2	Swimming	Net & Wall (Tennis)
<b>Summer 2</b>	Outdoor Adventurous Activity	Outdoor Adventurous Activity	Swimming	Rounders
	Athletics 1	Athletics 2	Athletics 1	Athletics 2