

SEND Natters

27th June 2025

A big huge thank you to those parents who attended our latest SEND Natters meeting! It was great to see some of the same faces as well as some new ones.

The focus of this meeting was looking at ideas and activities to keep our children entertained during the summer holidays. This can be a challenge for all parents, however even more difficult for some of our children who have additional needs. We discussed the importance of sticking to their normal routines around key points in the day (eg. mornings, mealtimes and evening routines). Some parents felt better knowing they had things planned to do on some days whereas other parents felt they would spend a lot of time at home due to the challenges of going out in the community especially if they are solo parenting. We also discussed the importance of 'down time' for both us and our children and planning this into our days. Some children may find it useful to have a timetable (visual or verbal) so they know what to expect each day. As a group, lots of lovely ideas were shared of things that can be done at home as well as places that are SEN friendly to visit (see information attached). The following websites provide search engines for SEN friendly activities in the local area;

Club Hub

https://clubhubuk.co.uk/club-search/?search_location_static=NG10+3DQ&search_location=NG10%25203DQ&advanced_lat=52.88441640000001&advanced_lng=-1.2988783&search_age=6&category=send&submit=Search#

Notts help yourself

<http://nottinghamshire.family servicedirectory.org.uk/kb5/nottinghamshire/directory/localoffer.page?newdirectorychannel=9-6>

Derby local offer

<https://www.localoffer.derbyshire.gov.uk/leisure-and-activities/leisure-and-activities.aspx>





Summer Holidays

- ★ Victoria Park SEND Swimming Session
- ★ Moorways Water Park Inclusive Sessions
 - Sun 20th July 3.30 - 5pm
 - 16th July 5.30 - 7pm
 Carers free.
- ★ Freddies Softplay SEND Sessions Borrowwash
 ↳ Need advanced bookings
- ★ Mighty Monsters - Stapleford.
- ★ Red Kangaroo / Oxygen Inclusive Sessions
 Free Sessions at Jumping Fun. ↳ Wed 6-7
 Sun 5-7
- ★ Lea Green Softplay £7
 Fri 8th Aug 10-12
 Thurs 14th Aug 1-3pm
- ★ Spectrum Festival £20 Under 3s free.
 Sat 13th Sept 10-4.
- ★ Autism East Midlands - Family Support Hub
 have free drop-ins. Mobile theatre and picnics
- ★ Merlin - Ride Access Cards and Carers tickets
- ★ Space Centre offer Sensory packs

★ Midway Community Centre - Active 50
- Mon 4th Aug - 10-12
- Mon 18th Aug - 10-12

★ Funtropia Autism Session 23/08 10:30-11:30 West Park £5
(adults free)
(can still be busy!)

★ Adventure Forest, Derby 1st Sunday of the month 9.15-11.15

★ Sensory Friendly Cinema Sessions

★ Notts help yourself . org . uk - Search SEND local offer

★ Club Hub website - Search (can filter to local / by activities)

★ Derbyshire Local Offer website

★ Send Cic holiday clubs

Home

○ Safe dough recipes for playdoh.

○ Scavenger hunts

○ Water station (keep yoghurt pots, bottles etc)
- Glitter - Ice - Colourings

○ Bubble wrap runway

○ Treasure hunts

○ Create sensory bottles (water, sequins, lego, food colouring)

○ Ice painting - water down paint / food colouring and freeze. Can do with yoghurt.

○ Making dens

○ Sinking and floating activity in the bath using toys

Tuff trays - Crumble cereal, lentils, small world figures


Car wash / toy wash - Can use chocolate milkshake to make a paste or cereal and water to wash off.

Down time!



Keep routine and use visual supports

My Senses Outdoor Scavenger Hunt

I can see...

sight 	fluffy clouds  <input type="checkbox"/>	tall trees  <input type="checkbox"/>	muddy footprints  <input type="checkbox"/>
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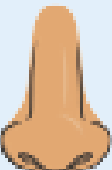

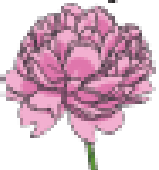
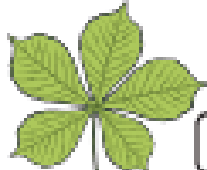
I can hear...

hearing 	birds singing  <input type="checkbox"/>	footsteps  <input type="checkbox"/>	insects flying  <input type="checkbox"/>
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I can feel...

touch 	bumpy tree bark  <input type="checkbox"/>	cold wind  <input type="checkbox"/>	smooth stones  <input type="checkbox"/>
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I can smell...

smell 	newly cut grass  <input type="checkbox"/>	scented flowers  <input type="checkbox"/>	tree leaves  <input type="checkbox"/>
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